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## Aditya hridaya stotra in sanskrit pdf download pdf free windows 10

ravanam prekshya hrishtatma yuddhaya samupagamat | sarvayatnena mahata vadhe tasya dhrito'bhavat || 30 || Meaning: On sighting Ravana in the battle field, Lord Rama approached him with a strong intent to kill him. He is the Lord of the Universe by whose effulgence all else gets brightened. esha brahma cha vishnush cha shivah skandah prajapatihi | mahendro dhanadahi kalo yamah somo hyapam patih || 8 || Meaning: Lord Surya is really Brahma (creator), Vishnu (protector) and Shiva (destroyer) and so He is Skanda (Subramanya), Prajapati and is the Lord of the Great Indra, Kubera (prosperity), Yama , Moon and Varuna (rain). He has the fire in his body, and He removes evil-mindedness and coldness. sarvaimangala-mangalyam sarva papa pranashanam | chintashoka-prashanamam ayurvardhana-muttamam || 5 || Meaning: The mantra hymn is all-pervading auspiciousness and remover / destroyer of all sins. pujayasyaina-mekagro devadevam jagatpatim | etat trigunitam japtva yuddheshu vijayishyasi || 26 || Meaning: Lord Surya, who is the Lord of Devas and the King of the World should be worshiped with complete dedication. pitaro vasavah sadhya hyashvinau maruto manuh | vayurvahnih praja-prana ritukarta prabhakarah || 9 || Meaning: Lord Surya is the ancestral mane, dispenser of treasures, semi-divine yogis, devas, celestial physicians, manu the all-knowing, wind god, fire god and He is the creator of all seasons with His dazzling rays and is the source of all light and awareness of knowledge. Salutations to the radiant one who is witnessed by the World. He then directed Lord Rama towards this end. During Yuddha Kaanda in the epic Ramayana, when Lord Rama was spiritually down in a thoughtful mood which made Him question the reason behind His incarnation on earth, he was hesitant to proceed with the war as the charioteer of Ravana was suddenly whisked away so as to save Ravana's life.Seeing Rama's self-inflicted torment, Sage Agasthya presented Shri Aditya Hrudayam Stotram to Lord Rama and asked Him to chant it to clear His mind of negative thoughts. Salutations to the mighty Sun. Verses (1 to 30) tato yuddha parishrantam samare chintaya sthitam | ravanam chagrato drishtva yuddhaya samupasthitam || 1 || Meaning: When the war was nearing the end, Rama was in a fatigued position. He shines profoundly for abundantly giving rains, and He governs. He is the architect of the Universe. hiranagarbhah shishira stapano bhaskaro ravihi | agni garbho'diteh putrah shankhah shishira nashanaha || 12 || Meaning: Lord Surya is Hiranagarbha, the soul with subtle body (sukshma sareera). Your rays embrace us; you are the Beginning, the embodiment of The Beginning. He showers rain, and He befriends water. Chanting it with passion on daily basis provides impershable absolute victory. He is the brightest existing in twelve forms of Sun (namely: Dhata, Aryama, Mitra, Varuna, Indra, Vivasvan, Tvashtha, Vishnu, Amshuman, Bhaga, Pusha, and Parjanja), Salutations to you, oh Sun God! namah purvaya giraye pashchimayadraye namah| jyotirgananam pataye dinaadhipataye namah || 16 || Meaning: Salutations to the mountains in the east where the sun rises and the mountains in the west where the sun sets. By chanting this Aditya Hrudhayam slokam , thrice, one can win all the battles in one's life. vedashcha kratavashchaiva kratunam phalam eva cha | yani krityani lokeshu sarva esha ravih prabhuh || 24 || Meaning: Lord Surya exists in the intelligence and the essence of Vedas. Salutations to Him. His bright red rays make creatures alive in this universe. The rays that emanate from you remove all worries of sins and sorrows. He induces action in the universe. Salutations to the one who drives away ingratitude. Purifying himself with sipping water thrice, he took his bow bravely. With His complete wisdom, he Lords over all the beings. aditya-hridayam punyam sarva shatru-vinashanam | jayavaham japen-nityam akshayyam paramam shivam || 4 || Meaning: Aditya Hrudayam is a sacred chant and destroyer of all enemies. It gives best results if chanted thrice facing the rising sun. haridashvah sahasrarchih saptasapti-marichiman | timironmathanah shambhu-stvashta martanda amshuman || 11 || Meaning: Lord Surya possesses thousand rays and seven greenish yellow horses and removes darkness. vyomanathastamobhedhi rigyajussamaparagaha | ghanavrishtirapam mitro vindhya-vithiplavangamaha || 13 || Meaning: Lord Surya is the dispeller of darkness, doom and death. esha supteshu jagarti bhuteshu parinisthitaha | esha evagnihotram cha phalam chaivagnihotrinam || 23 || Meaning: Lord Surya is awake even when the creatures are asleep. adityam prekshya japtva tu param harshamavaptavan | trirachama shuchirbhutva dhanuradaya viryavan || 29 || Meaning: Lord Rama recited the sloka gazing at Lord Surya ardently. daiva taishcha samagama drashtu mabhya gato ranam | upagama bravidramam agastyo bhagavan rishih || 2 || Meaning: At the entrance of the battlefield, Sage Agasthya visited Lord Rama, saw His exhausted state and told him the way of attainment as thus: rama rama mahabaho shrinu guhyam sanatanam | yena sarvanarin vatsa samare vijayishyasi || 3 || Meaning: Lord Ramaa, mighty-armed, I will tell you the eternal secret by which you can defeat your enemies and win in the battlefield. It removes the woes of mind (heart) and will enhance the longevity of life. Lord Surya is the Lord of Astral bodies, and He is the Lord of the Day. Salutations to the one who awakens the lotus. He is the fire, He is the fruit and the benefit taken by His worshipers. When To Recite Aditya Hrudhayam Chanting Aditya Hrudayam Stothra is the most excellent and efficient way to start the day. He crossed Vindhya mountains as a cosmic traveler. sarva devatmakho hyesha tejasvi rashmi-bhavanah | esha devasura gananlokan pati gabhastibhih || 7 || Meaning: With His dazzling radiant rays, He protects the whole world which includes the hordes of both Devas and Asuras. Ending Stotram atha ravi-ravadan-nirikshya ramam mudita manah paramam prahrishyamanaha | nishicharapati-sankshayam viditva suragana-madhyagato vachastvareti || Meaning: Delighted on contemplating Lord Rama in the battle field, Lord Surya then knew that destruction of Ravana was imminent. nakshatra grahataranam-adhipo vishva-bhavanah | tejasamapi tejasvi dvadashatman namo'stu te || 15 || Meaning: Lord Surya is the Peer of the Stars, Planets; He is the originator and the protector of the Universe. brahmeshanachyuteshaya suryadayivarachase | bhasvate sarva bhakshaya raudraya vapushe namaha || 19 || Meaning: Lord Surya, son of Aditi, is Lord Brahma, Lord Shiva and Lord Vishnu. He is the versatile scholar of Vedas. He is the result for His worshipers who do their duties properly. nama ugraya viraya sarangaya namo namah | namah padma prabodhaya martandaya namo namah || 18 || Meaning: Salutations to the ferocious and brave. ena-mapatsu krichchreshu kantareshu bhayeshu cha | kirtayan purushah kashchinnavasidati raghava || 25 || Meaning: Oh Raghava! The one who chants Lord Surya's name in one's embarrassment, difficulties, danger and in fear will always win and will never give up or perish. nashayat yesha vai bhutam tadeva srijati prabhuh| payatyesha tapatyesha varshatyesha gabhastibhih || 22 || Meaning: Lord Surya is the creator, protector and the destroyer of the World. atapi mandali mrityuh pingalah sarvatapanaha | kavirvishvo mahatejah raktah sarva bhavodbhava || 14 || Meaning: Lord Surya is the one who is the master of the space. He emanates and spreads heat, creates life and inflicts end of life. Salutations to the thousand-rayed Lord; Salutations to the Son of Aditi – Aditya. asmin kshane mahabaho ravanam tvam vadishyasi | evamuktva tada'gastyo jagama cha yathagatam || 27 || Meaning: Sage Agastya, before going back, said thus to Lord Rama as a blessing: Oh Rama, the strong shouldered, from this moment, you will surely win Ravana. etachchrutva mahateja nabhatshoko'bhavattada | dharayama suprito raghava| prayatatmanam || 28 || Meaning: After Hearing Sage Agastya, Lord Rama got rid of all his worries and sorrows. He is omnipresent. Salutations to the consummate illuminator and the fiercely beautiful. He felt felicitated. Salutations to Lord Surya who is God and the Lord of brightness. Jayaya jaya bhadraya haryashvaya namo namah | namo namah sahasramsho adityaya namo namah || 17 || Meaning: Salutations to the Victorious. All Worlds worship thee! let us salute the Maker of Light. Aditya Hrudayam MP3 Preliminary Stotram Jayatu Jayatu Sooryam Saptalokaika Deepam | Kiranashamita paapaklesha dukkhasya naasham || Arunakirana Gamyam aadim aadhitya moorthim | Sakala bhuvanam vandyam bhaskaram tam namaami || Meaning: Holy Sun God, we hail thee! You are the illuminating lamp for all the seven worlds (namely Bhuloka (the Earth), Bhuvarloka, Svarloka, Maharloka, Janarloka, Tapoloka and Satyaloka). Salutations to the unbound. tamoghnaya himagnhaya shatrughnayamitatmane | kritagnhagnhaya devaya jyotisham pataye namaha || 20 || Meaning: Salutations to Lord Surya who expels darkness and coldness, devastates enemies infinitely. His rays spread everywhere, and He is omnipresent. He is the dispeller of misfortunes and grants happiness. He expels chillness. He performs Homam with fire. Chanting of Aadhitya Hrudhayam Slokam early in the morning facing the sun brings clarity of mind and thought, results in removal of obstacles in life and provides absolute divinity to the seeker. Salutations to Lord Surya who dispels darkness. rashmi mantam samudyantam devasura-namaskritam | pujayasya vivasvantam bhaskaram bhuvaneshvaram || 6 || Meaning: Lord Surya rises with golden rays spreading them everywhere, and He is respected by both Devas and Asuras (Gods and Demons). Reinforcement and fortification came to Lord Rama like a stream. Salutations to the prosperous blessings which arises from such success: Lord Surya is the mighty powerful Lord who is pervading in all the activities in the world. adityah savita suryah khagah pusha gabhastiman | suvamasadrisho bhanur-hiranyareta divakarah || 10 || Meaning: Lord Surya is the son of Aditi (hence called Aditya). Raavana was daring for a fresh encounter as he appeared to be exalted. taptacami karabhaya vahnaye vishvakarmane | namastamo'bhinihnyaya ravaye (rucaye) lokasakshine || 21 || Meaning: Lord Surya makes burning molten fire. Aditi is the mother of all Devas, the creator of the Universe, She shines and cherishes and has brightness similar to gold and is the life and essence of the Universe and is the maker of the day.



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